

# Scrutiny review of support to carers

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# Haringey Adult Carers Strategy 2009-2014

- Revises and updates 2005 Carers Strategy
- Vision-Carers in Haringey are empowered to care and live a better life*
- Four outcomes for adults of the national Carers Strategy 2008
- Carers Partnership Board has 19 carer members. They were the drivers of new Strategy and took a lead in decision-making about its consultation.

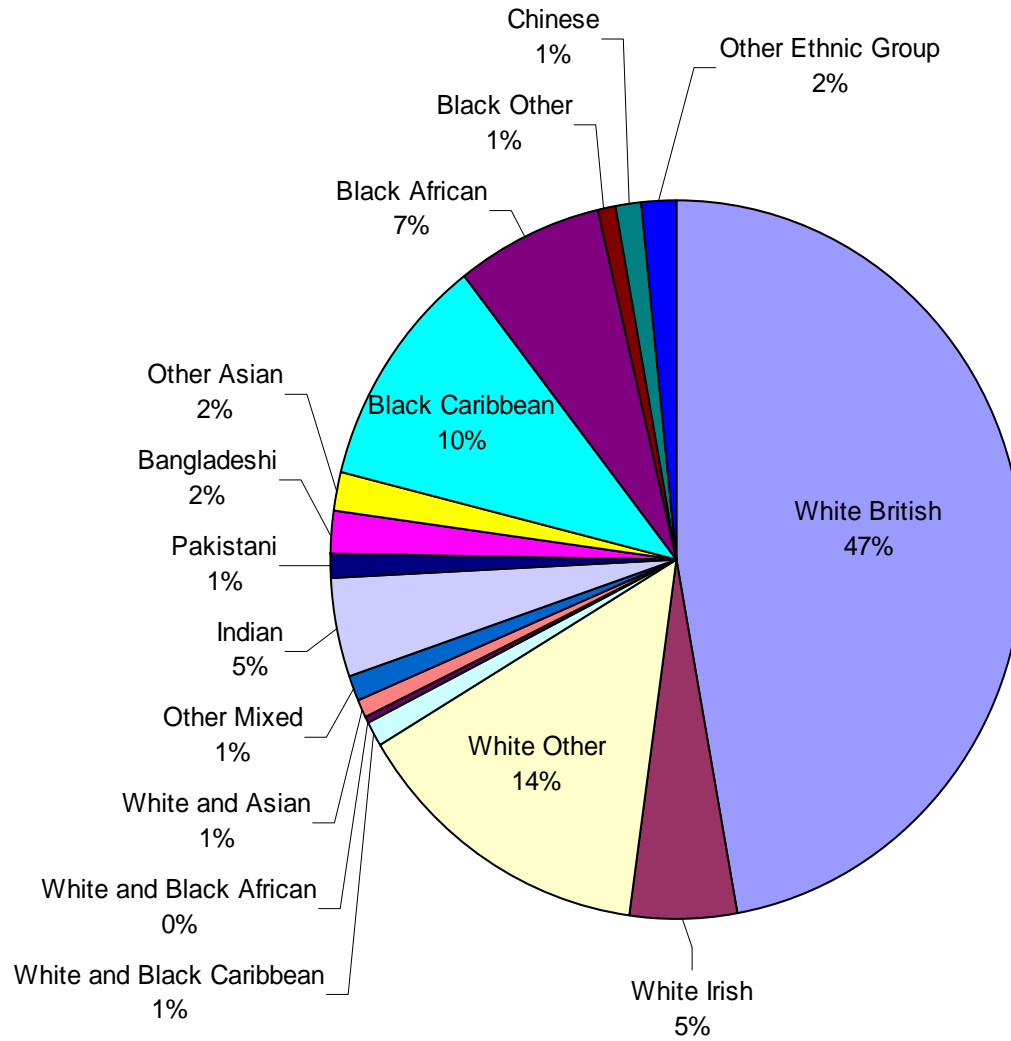
# Outcomes of Haringey's strategy

- Carers will be respected as expert care partners and will have access to the integrated and personalised services they need to support them in their caring role
- Carers will be able to have a life of their own alongside their caring role
- Carers will be supported so that they are not forced into financial hardship by their caring role
- Carers will be supported to stay mentally and physically well and treated with dignity

# What we know about carers in Haringey

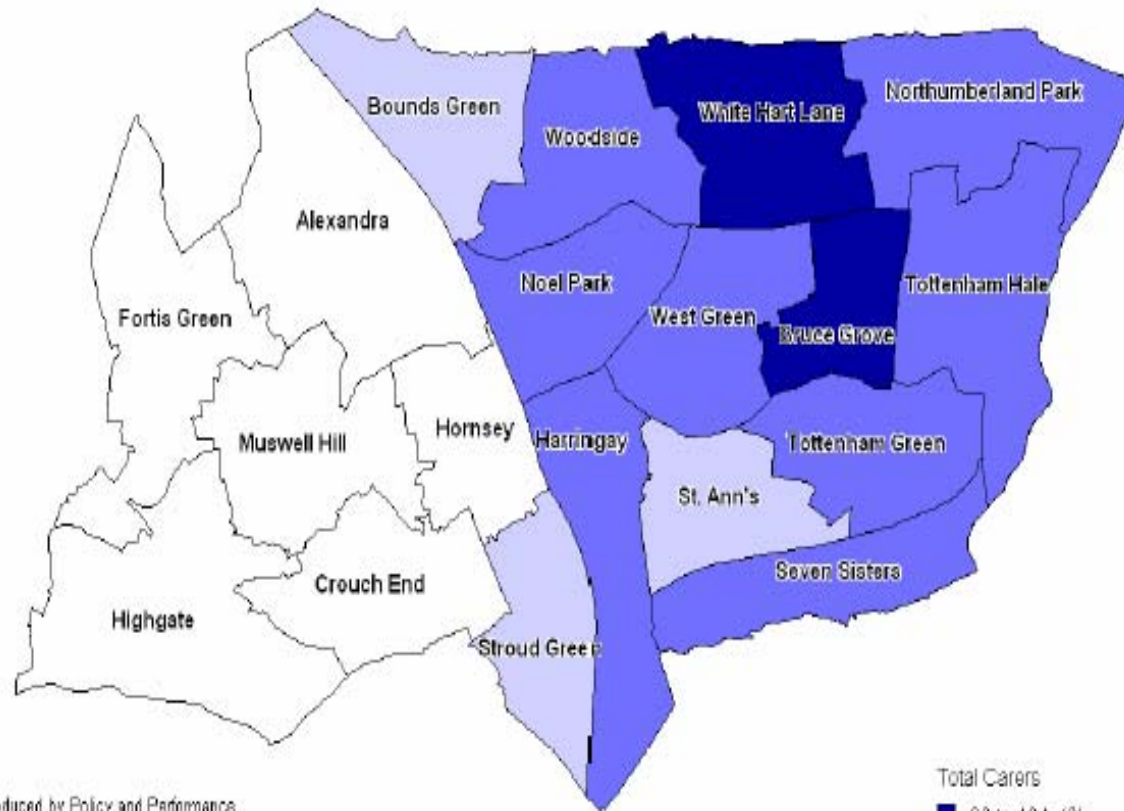
- 15,967 carers in Haringey (2001 census)
- 1201 people on Haringey's Carers' Register as at 31st March 2009

### Residents in Haringey who provide unpaid care, 2001



Source: 2001 Census Commissioned Table CO309a. Crown Copyright 2005  
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All Carers on Haringey Council's Carers' Register at 31 March 2009  
Haringey Wards



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London Borough of Haringey 100019199 2008

Total Carers  
■ 83 to 104 (2)  
■ 63 to 82 (8)  
■ 42 to 62 (3)  
■ 21 to 41 (6)

# How carers are involved

- Carers Partnership Board has 19 carer members. It steers and monitors the strategy implementation
- Consultations, for example for the strategy development
- Carers Week events
- Carers input to Overview and Strategy Health check conference

# What carers are saying-Department of Health survey

*Overall how satisfied are you with help from Social Services in the past year?*

27% of carers were very satisfied

27% of carers were fairly satisfied

*Has it been easy or difficult to get the services or support the person you care for needs in the past year? The services may be provided by different organisations, such as by a voluntary organisation, private agency or Social Services.*

16% of carers said it was very easy

36% of carers said it was quite easy



# **What carers are saying-from Carers Strategy consultation-Carers highest priorities from questionnaire**

- Recognition
- Respect
- Flexible support to carry on caring

# What carers are saying - from Carers Strategy consultation - Carers priorities from consultation day

- Identify hidden carers
- Increase opportunities for carer representation in decision making
- Personalisation – self assessment and access to individual budgets, flexible carers services; and increased access to universal services, including a wide range of information.
- Modernisation of services
- Increased support for emergency planning
- Develop employment support, and flexible learning opportunities

# Assessment process- how a carer can get access to services

- Adult Services teams
- Central referral point
- Voluntary sector organisations

## Overview of what services are provided

- Respite (including emergency respite).
- Emergency Alert Card.
- Day opportunities centres – including weekend opening at The Grange.
- Access to leisure services – free entry (when accompanied by the cared for person)
- Discounts on adult learning schemes
- Flexible carers services – direct payments to carers
- Direct payments to service users – allowing carers to pursue eg education and employment
- Bereavement support through Council day-centres

# Local support groups in Haringey

- **Haringey Carers Centre**

Information, advice, support and social events for carers

- **Black and Minority Ethnic Carers Support Service**

Provides a sitter service for black and minority ethnic carers in Haringey and hosts a consultative forum for all carers

- **Mental Health Carers Support Association**

Support group and respite breaks for carers of people with mental ill health

- **Asian Carers Support Group**

Drop in session, advocacy and social activities for carers of people from all care groups of Asian origin

# Local support groups in Haringey

- **Alzheimer's Society Haringey Branch**

Support for carers and cared for people with Alzheimer's/ dementia

- **Stepping Out, Haringey Mencap**

Day centre activities for adults with learning disabilities; social enterprise group for adults with mild learning disabilities and day service for adults with more profound learning disabilities

- **Markfield Project**

Inclusive services for disabled and non-disabled children, young people, adults and their families

- **Admiral Nurses**

Support for carers of people with dementia

# Young carers and parent carers

- **The Parent Partnership Service**

Support and information for parents and carers of children with special educational needs

- **Haringey Young Carers Project**

Support for carers under 18 years and their families - services include one to one support, family support, advocacy, therapeutic work, social and recreational respite and a befriending service.

# Funding streams

## Carers Grant to Haringey Council

2009-2010	£1.326 million (Adults £927k)
2010-2011	£1.406 million

How we spend the money:

£220k – voluntary sector

£270k – flexible carers services (one off direct payments)

£45k – The Grange weekend opening

£392k – other services that benefit carers, such as respite (including emergency respite)



## Funding streams-2

Primary Care Trusts' Money for breaks for carers.

Carers UK has estimated Haringey's allocation

2009-2010	£265,099
2010-2011	£446,139

# Priorities for the next two years

- Personalisation - carers should be enabled to achieve greater choice and control over their own lives, particularly in relation to accessing education, training, work or leisure/recreation.
- Continue expansion of direct payments to carers – flexible carers services
- Identification of and engagement with ‘hard to reach’ carers, including men, some BME groups and LGBT.
- Closer more integrated working with the NHS to provide more seamless support for carers.
- Closer working with Children and Families Service to meet the needs of young carers